

2024 AZ Open Water Series Race Day Guide

Lake Pleasant, Castle Creek - April 6, 2024

EVENT DETAILS

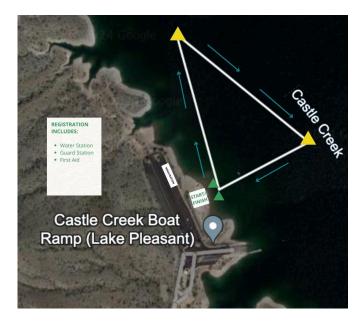
Open Water Swim race distances of 1000m, 2000m, and 4000m

CATEGORIES

Youth: *10-12, *13-14 & 15-17

Open: 18-24, 25-29, 30-34, 35-39...in five year increments, and will go as high as necessary.

*Note: Youth - 14 and under - must show proof of a USA Swimming "B" time standard for 1500m or 1650 yards in order to swim over 1000m, for swimmers under 14 who will be swimming 1000m, proof of USA Swimming "B" time for the 400m or 500 yards is required. This is for all athletes under the age of 14.



The time standard will be the 11-12 standards.

1650y = 24:43:79 (boys) 25:01:49 (girls) 500y = 6:57:29 (boys) 7:08:70 (girls) 1500m= 25:24:09 (boys) 25:45:79 (girls) 400m = 6:15:49 (boys) 6:23:89 (girls)

REGISTRATION INFO

Online registration is available until THURSDAY night (April 4) before the event at 9pm. After that time, you must come to the event to register in person.

FEES

<u>OPEN</u>	<u>YOUTH (10-17)</u>
\$50 until March 5	\$30 until March 5
\$60 until Thursday, April 4	\$40 until Thursday, April 4
\$70 race day registration (on site only)	\$50 race day registration (on site only)

Register Today!



^{*}This is YOUR responsibility to provide proof on site day of event



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SCHEDULE

6:30 am Registration/Check-in Opens

7:30 am Warm-up open

7:45 am Registration closes

7:40 am Water Safety Briefing at water's edge (start line)

8:00 am 4000 meter swim start

8:03 am 2000 meter swim start

8:06 am 1000 meter swim start.

10:00 am Final swimmer out of the water

10:20 am Awards presented

The cut-off time for all swimmers will be 10:00 am. At this time, you will be picked up by watercraft and taken to shore and marked DNF.

AWARDS

First place awards will be given in each category for men, women and open categories.

Medals will be awarded post-race, at or about 10:20 am.

WETSUITS

Average water temperatures for Lake Pleasant for April ranges from 59-69, with an average of 63.1 degrees. Wetsuits will be permitted based on World Aquatic (formerly FINA) rules.

- -Over 68 degrees no wetsuits permitted
- -64.4-68 degrees wetsuits optional
- -60-64.3 degrees wetsuits mandatory
- -Below 60 degrees no race

LAKE PLEASANT SITE DETAILS

- -Park entry fee \$7 per vehicle
- -Race site is Castle Creek Boat Ramp <u>Click here for directions.</u>
- -There is parking at Castle Creek. Participants are encouraged to carpool to the lake.

REFUND POLICY

We know life can get in the way sometimes, and inevitably sometimes you can't make it...but we plan on you being there. Rather than cut you no slack, we offer more than most.

- -Up until 4 weeks out 50% refund
- -Inside 4 weeks till the event, no refunds.
- -No exceptions.

Questions? Contact us!

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